

Community Health Improvement Plan Meeting Minutes

February 8th, 2016

Meeting Purpose: To provide an overview of the purpose of the Community Health Improvement Plan, review the results of the Community Health Assessment and begin to develop priorities for action.

Presentation: “What is a Community Health Improvement Plan?”

-Katie Loveland, Facilitator

Presentation: Overview of the previous CHIP and Community Health Assessment Results

Melanie Reynolds-Lewis and Clark County Public Health

Group Activity: Defining Health

Three most popular definitions developed in the small groups:

Health is a balance of mind, body, and spirit and the ability to enjoy life.	Health is the mental, physical, emotional spiritual and social well-being of an individual	Health is the physical, mental, and spiritual well-being of a person, family or population
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Other key, repeated concepts generated by the group:

-Quality of life, health over a lifespan, encompasses relationships, health allows us to live work and play optimally, ability to enjoy life and reach personal goals, happiness, nutrition, healthy pregnancies and birth

Proposed Definition of Health:

Health is an all-encompassing state of well-being in mind, body, and spirit that characterizes thriving individuals, families and communities.

Group Activity: Developing a Vision for A Healthy Community

Most popular vision statements from the group:

We envision a healthy community where...

All citizens are engaged and aware, feel safe and supported, and have equitable access to physically and mentally sustaining opportunities and have the capacity to collectively care for one another.	There is access to wholesome food, a clean environment, healthy living space and access to resources that are needed (healthcare, mental health, education etc)	We have the ability and resources to support and improve the overall quality of life.	The resources to promote and sustain a healthy lifestyle are accessible to all residents: -Food adequacy -Clean air, water and soil -Safety -Education -Accessible environment
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Other key, repeated concepts generated by the group:

-vital economy with infrastructure that supports and active lifestyle, access and opportunity to become and stay well, connection and welcome, safety, adequate housing, all working together to ensure health for all,

Proposed Vision for A Healthy Community

We envision a healthy community where every person is safe, connected and engaged and has the resources they need to reach their full potential.

Group Activity: Identification of priority areas of focus in response to community health assessment results

<p>Maternal and Child Health <i>Substance Use in Pregnancy</i></p> <ul style="list-style-type: none"> Smoking and second hand exposure Drug and alcohol use Neonatal abstinence syndrome <p><i>Safety and Resiliency</i></p> <ul style="list-style-type: none"> Adverse Childhood Experiences Domestic and sexual violence Child abuse and neglect Post-partum depression Lack of parenting support <p><i>Adolescent health</i></p> <ul style="list-style-type: none"> Youth suicide Youth alcohol use Teen pregnancy <p><i>Early Education</i></p>	<p>Chronic Disease <i>Protective Factors</i></p> <ul style="list-style-type: none"> Access to healthy, local foods Adult fitness and chronic disease Promoting active lifestyles among kids Access to healthy food Parental knowledge about healthy food Health literacy <p><i>Obesity</i></p> <ul style="list-style-type: none"> Childhood obesity and overweight Adult obesity and overweight Sedentary lifestyle <p><i>Diabetes</i></p> <p><i>Respiratory Disease</i></p> <ul style="list-style-type: none"> Asthma Tobacco use <p><i>Skin Cancer</i></p>	<p>Communicable Disease <i>Vaccinations</i></p> <ul style="list-style-type: none"> Rates less than 100% in children <p><i>Preparedness and Infrastructure</i></p> <ul style="list-style-type: none"> Addressing emerging diseases Maintaining vigilance and educating the community Maintain Communicable Disease follow up Ensure access to care ongoing medical care for CD cases <p><i>Sexually Transmitted Infections and Hepatitis C</i></p>
<p>Environmental Health Desired Outcome <i>Outdoor and Indoor Air Quality</i></p> <ul style="list-style-type: none"> Woodburning stoves Wildfires Climate change Second hand tobacco smoke Coal trains <p><i>Infrastructure</i></p> <ul style="list-style-type: none"> Bikeability Walkability Lack of public transportation Access to physical activity opportunities <p><i>Environmental Exposures</i></p> <ul style="list-style-type: none"> Lead exposure in childhood Maintain clean water 	<p>Substance Use <i>Alcohol</i></p> <ul style="list-style-type: none"> Alcohol abuse Binge drinking Culture of alcohol over use and binge drinking Alcoholism Underage drinking Drinking and driving <p><i>Tobacco</i></p> <ul style="list-style-type: none"> Tobacco use Tobacco cessation E-cigarettes <p><i>Drugs</i></p> <ul style="list-style-type: none"> Methamphetamine Heroin Prescription drug abuse <p><i>Treatment</i></p> <ul style="list-style-type: none"> Access to treatment Treatment for families Meth treatment 	<p>Mental Health <i>Suicide</i></p> <ul style="list-style-type: none"> Adults Youth Elderly Homeless <p><i>Awareness and Stigma</i></p> <ul style="list-style-type: none"> Stigma to access care Education on mental health in schools Public awareness <p><i>Depression</i></p> <p><i>Resiliency</i></p> <ul style="list-style-type: none"> ACEs Building resilient children Bullying <p><i>Access to Care</i></p> <ul style="list-style-type: none"> Lack of providers Lack of coordination at the community level and coordination of services Lack of intervention and assessment services in early childhood (early intervention) Emergency mental health and crisis support High cost of care
<p>Access to Care <i>Navigating the system</i> <i>Transportation</i> <i>Affordable healthcare</i></p> <ul style="list-style-type: none"> Lack of affordable dental care 	<p>Other <i>Social Determinants of Health</i></p> <ul style="list-style-type: none"> Lack of safe, affordable housing Hunger (across lifespan) Lack of a reliable, 	

<p><i>Primary Care Providers</i></p> <ul style="list-style-type: none"> • Over use of ER by some populations who lack access <p><i>Mental Health and Substance Use Treatment Access</i></p> <ul style="list-style-type: none"> • Stigma in asking for health <p><i>Affordable Medications</i></p> <p><i>Elder Care</i></p> <p><i>Child Care</i></p> <p><i>Population of Concern: Low SES</i></p>	<ul style="list-style-type: none"> • affordable, public system • Poverty • Lack of consistent living-wage employment • Cost of living <p><i>Injury Prevention</i></p> <ul style="list-style-type: none"> • Distracted driving (texting) • Seat belt use • Access to firearms <p><i>Aging</i></p> <ul style="list-style-type: none"> • Social isolation • Aging in place • Education of senior-serving workforce <p><i>Policy</i></p>	
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